

# Virtual Contemplative Pedagogy Series

*Facilitated by 2020 – 2021 Distinguished Teaching Fellow Professor Chris Phillips*

“Contemplative pedagogy shifts the focus of teaching and learning to incorporate ‘first person’ approaches which connect students to their lived, embodied experience of their own learning. Students are encouraged to become more aware of their internal world and connect their learning to their own values and sense of meaning which in turn enables them to form richer, deeper, relationships with their peers, their communities and the world around them.” -Contemplative Pedagogy Network 2020

## Save the Dates

### SMALL CONTEMPLATIVE TEACHING

*Steps that any instructor can take to  
integrate contemplative pedagogy in  
their online courses*

AUGUST 26TH @ 12 PM  
AUGUST 27TH @ 4 PM

### CONTEMPLATING UNGRADING?

*How alternate approaches such as  
self-assessments, grade free zones,  
and peer review can help students  
realize their potential*

OCTOBER 29TH @ 12:15 PM

COMING IN SPRING  
2021

### CONTEMPLATIVE PEDAGOGY & RACIAL INJUSTICE

*How mindfulness and  
compassion practices can support  
efforts in promoting racial justice*

STAY TUNED FOR  
REGISTRATION  
INFORMATION IN  
LAFAYETTE TODAY!